



Urgent conditions:

- allergies
- back pain
- cough or bronchitis
- earache
- rising temperature
- scrape or cut
- sore throat
- sprain
- cold or flu symptoms
- minor burns or bruises
- rash, poison ivy, allergic reaction

## *Is it urgent?*

Seek urgent care for conditions that require attention, but do not pose an immediate, serious threat to your health.

### **Harrison Urgent Care**

Bainbridge Island—open 24/7  
8804 Madison Avenue North  
(206) 855-7510

Belfair—7:30 a.m. to 7:30 p.m., every day  
21 Northeast Romance Hill Road  
(360) 277-2975

Port Orchard—8 a.m. to 11 p.m., every day  
450 South Kitsap Boulevard  
(360) 744-6275



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Emergencies:

- change in mental status
- chest pain longer than two minutes
- coughing or vomiting blood
- difficulty breathing, shortness of breath
- major burns
- poisoning
- severe or persistent vomiting or diarrhea
- sudden dizziness, weakness, change in vision
- sudden or severe pain
- uncontrolled bleeding

## *Is it an emergency?*

Seek emergency care—or call 911—immediately if you think someone could suffer significant harm or die without prompt care.

### **Harrison Emergency Services**

Bremerton—open 24/7  
2520 Cherry Avenue

Silverdale—open 24/7  
1800 Northwest Myhre Road



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